## Health \& Wellness Related Surveys

- National College Health Assessment 2003, 2004
- Harvard Alcohol Survey
- 1993, 1997, 1999, 2001, 2004
- Longwood Residential Living Survey 2004
- Glover \& Associates Survey 2005
- National Survey of Student Engagement 2005


## Usually Binge When Drinking Males 5 Drinks Females 4 Drinks



## Five or More Drinks at One Sitting During the Last 2 Weeks Males


-Longwood 3 or More Times $\square$ Reference Group 3 or More Times

## Five or More Drinks at One Sitting During the Last 2 Weeks Females (Data on 4 Drinks Not Available)


-Longwood 3 or More Times CReference Group 3 or More Times

## Number of Days Drinking During the Last 30 Days Males


$\square$ Longwood 10 or More Days $\square$ Reference Group 10 or More Days


## Avoiding Drinking Games Males



## Avoiding Drinking Games <br> Females


$\square$ Longwood Rarely or Never $\square$ Reference Group Rarely or Never

## Forgot Where You Were What You Did Males (Drinking)


$\rightarrow$ Longwood Yes - - Reference Group Yes

## Forgot Where You Were What You Did Females (Drinking)



## Physical Fight Males Within Last 12 Months



## Physical Fight Females Within Last 12 Months



## Academic Self Reported Impacts of Drinking



## Cigarette Use Last 30 Days


$\longrightarrow$ Harvard Alcohol Survey -■-ACHA-NCHA
Reference Group

## Cigarette Use Last 30 Days Males ACHA-NCHA



## Cigarette Use Last 30 Days Females ACHA-NCHA



## Self Reported Factors Causing Academic Difficulty ACHA-NCHA 2004



## Safety and Security

- Tailgating of students/non-students into other dorms. Front Desk workers not enforcing policy.
- Vandalism-in elevators


## Environment

- Lack of temperature control
- Mold/unclean bathrooms
- Poor repair of rooms
- Overcrowded rooms


## Educational

- Noise level in dorms not conducive to good studying.
- Quiet hours not enforced by RA
- Study lounges not conducive to studying (lighting, noise, comfort)


## Health \& Mental

- Poor sleeping habits due to noise on hall
- Drunk students in dorms
- Roommate Conflict


## National Survey of Student Engagement

- 1 in every 5 undergraduate students comes to class often or very often without completing readings or assignments
- About 50\% of undergraduate students study 10 hours or less per week

