

Current Catalog Copy:

Discussion of nutrient use and requirements with the increased demand of exercise and sports activities, and discussion of ways to meet these demands. Emphasis will be on the application of sports nutrition concepts for recreational and collegiate athletes. Prerequisites: BIOL 206 and 207. 2 credits.

Proposed New Catalog Copy (***Must match description on course syllabus***):

Discussion of nutrient use and requirements with the increased demand of exercise and sports activities, and discussion of ways to meet these demands. Emphasis will be on the application of sports nutrition concepts for recreational and college athletes. Prerequisites: Admission to the Exercise Science or Athletic Training Program or permission of instructor. 3 credits.

Delete Course from Catalog

Submit to Storage

Please attach a proposed syllabus in Longwood format that contains proposed changes.

II. Required for Major, Minor, Concentration (please specify):

Required for BS Kinesiology, concentration in Exercise Science.

III. Rationale for Proposed Changes:

This class is designed for students who have been admitted into the Exercise Science or Athletic Training programs. 43% of graduating students indicated that they wanted more coursework on nutrition. By adding an additional credit to this class the instructor will be able to cover some topics in more depth and add new topics to enhance the student's knowledge of sports nutrition practices.

IV. Resource Assessment, if change warrants it:

A. How frequently do you anticipate offering this course?

Every semester

B. Describe anticipated change in staffing for the course:

None

C. Estimate the cost of new equipment required due to change:

None

D. Estimate the cost of and describe additional library resources:

None

E. Will the change in the course require additional computer use, hardware or software?

Yes

No

If yes, please describe and estimate cost:

F. Will a new or changed course fee be assessed? Yes

No

If yes, the Fee Recommendation Worksheet must accompany this form. It is found at the following url: www.longwood.edu/budget

A change to the title or course number on this form implies that title or course number will change anywhere it occurs in the catalog.

SIGNATURE PAGE
UNDERGRADUATE COURSE CHANGE
NON-GENERAL EDUCATION

Course Name/Number KINS 376 Course Title Sports Nutrition

V. Approvals

	Date Received	Date Approved	Signature
1. Department Curriculum Committee Chair	_____	_____	_____
2. Department Chair	_____	_____	_____
The Department Chairs, whose programs may be affected, have been notified:			
Department	_____	Date Notified	_____
Department	_____	Date Notified	_____
Department	_____	Date Notified	_____
3. College Dean	_____	_____	_____
4. College Curriculum Committee	_____	_____	_____
5. #EPC	_____	_____	_____
6. #Faculty Senate Chair	_____	_____	_____
7. Date received by Registrar	_____		

#EPC & Senate approval required for change in credit hours

All curriculum proposals/changes are processed in the date order received. In order to be included in the next academic year's catalog, all paperwork must be submitted no later than:

February 1st to the College Curriculum Committee
March 1st to the Educational Policy Committee (EPC)

Submission within the deadlines does not guarantee processing in time for the next academic year's catalog.